

The Texas Lawyers' Assistance Program:
Providing confidential, discrete, and respectful assistance since 1989

TLAP's commitment to confidentiality: TLAP does not share any information from an attorney, law student, or judge seeking help from TLAP with non-TLAP third parties, the State Bar of Texas, the Texas Board of Law Examiners, the Chief Disciplinary Counsel's Office, or any other disciplinary agency or entity.

TLAP keeps all communications confidential at all times pursuant to the statutory confidentiality granted by the Texas Health and Safety Code Section 467 except in the very rare "life or death" circumstances to save a life from imminent harm—and even in those situations only minimum details required to save a life would be shared with an emergency responder.

TLAP is staffed by attorneys who have spent many years struggling with addiction and depression, and our team would go to any length to protect the people we care about most, those seeking help! If there is any fear of consequences in calling TLAP, we encourage those in need to call us anonymously—we can help.